



# Northampton Aquatic & Family Center

at JFK Middle School, 100 Bridge Road, Florence, MA 01062

## American Red Cross Swim Lessons Summer 2018 Session VI

The Aquatic and Family Center offers swim lessons to all ages and abilities.  
Our lessons include Parent and Child, Preschool and Levels 1-6.  
We offer lessons from beginners through advanced swimmers.  
Classes are 30 minutes in length. We also offer private lessons.



### Thursday: June 7– July 12 (6 classes)

Pre - Level	3:55 - 4:25 pm
Level 1& 2	4:25 - 4:55 pm
Level 3& 4	4:55 - 5:25 pm
Level 5& 6	5:25 - 5:55 pm

### Saturday: June 9– July 14 (6 classes)

Parent & Child	9:30 - 10:00 am
Pre - Level	10:00 - 10:30 am
Level 1& 2	10:30 - 11:00 am
Level 3& 4	11:00 - 11:30 am



**Fee: \$33 / \$45 / \$55**

*Fees listed in the order of Member / Resident / Non-Resident*



*Pre-registration is required before start of session; space is limited; instructor ratio 1: 6, Pre-level & Level 1&2*

### Class Descriptions:

Parent/Child: Ages 1-5 with parent, emphasis on fun, covers a variety of skills and activities

Pre- Level: Ages 3-5, a variety of swimming and safety skills covered

(Suggested Ages 5 and up)

Level 1: Beginner independence in the water; Intro to breath control and Front Crawl

Level 2: Refine Front Crawl; Intro to Elementary Backstroke and rotary breathing

Level 3: Develop Front Crawl and Elementary Backstroke; Intro to Side Stroke, Breast Stroke, and Back Stroke

Level 4: Perfect Front Crawl, Back Crawl, Elementary Back Stroke; Refine Side Stroke, Breast Stroke

(Suggested Ages 6 and up)

Level 5: Develop Breast Stroke, Side Stroke; Intro to Butterfly and Diving: Build endurance with previous strokes

Level 6: Intro to competitive techniques and Strength Training; Flip Turns & Starts, Diving & Stroke Critique

**Registrations accepted at the AFC at JFK Middle School, 100 Bridge Rd., Florence, MA**

**Mon-Fri 4:00-8:00pm & Sat. 10:00am-5:00pm and Sun. 11:00am-4:00pm, 413-587-1046**

**or**

**Northampton Parks and Recreation Department, 100A Bridge Road, Florence, MA 01062**

**Mon-Fri 8:30 am-4:30 pm 413-587-1040**

**[www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation) [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov)**



**REGISTRATION FORM ON REVERSE SIDE**

# NORTHAMPTON PARKS & RECREATION DEPARTMENT - REGISTRATION FORM

DO NOT USE this form for Summer Day Camps, Youth & Adult Sports, or Birthday Party registrations: Download those packets at [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**PLEASE PRINT LEGIBLY**

☐ New to Northampton  
Parks & Recreation

☐ I have updated my  
Information

## ADULT 1

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) (\_\_\_\_) \_\_\_\_\_ (W) (\_\_\_\_) \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

## ADULT 2

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) (\_\_\_\_) \_\_\_\_\_ (W) (\_\_\_\_) \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

## EMERGENCY CONTACT OTHER THAN PARENT

Name \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

**Photo Release:** May Northampton Parks & Recreation Department use photos of you or your family members for brochure, website, promotional use?

Yes ☐

No ☐

**PARTICIPANT'S FULL NAME:** \_\_\_\_\_

Male ☐ Female ☐

Date of Birth \_\_\_\_\_ School \_\_\_\_\_

Current Grade \_\_\_\_\_ or

Grade in Fall \_\_\_\_\_ for  
programs after June

Program Name	Session	Day(s)	Level	Start Date	Basic Fee	Non-Res Fee	Total Fee
					\$	\$	\$
					\$	\$	\$

**TOTAL FEE FOR PARTICIPANT**

\$

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Male ☐ Female ☐

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## PASS PURCHASE

Pass	Pass Type	Pass Length	Fee	
Aquatic Center	Res: Adult Family Senior Youth	6 Month 12 Month	\$	
Musante Beach	Non-Res Adult Family Senior Youth	Beach Pass	\$	

**TOTAL  
AMOUNT DUE**

\$

Pass Holder's Name(s)	Male/Female	DOB	Pass/Tag# Issued	Special Considerations/Comments (Use back if necessary)
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____
_____	Male/Female	_____	_____	_____

**Charge my** VISA \_\_\_\_ Master Card \_\_\_\_ Discover \_\_\_\_ Card # \_\_\_\_\_ Expiration \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

<b>Office Use Only:</b> Amt Rec'd \$ _____	Cash _____	Check # _____	Credit _____	Date _____	RT Date _____	Staff _____
Amt Rec'd \$ _____	Cash _____	Check # _____	Credit _____	Date _____	RT Date _____	Staff _____